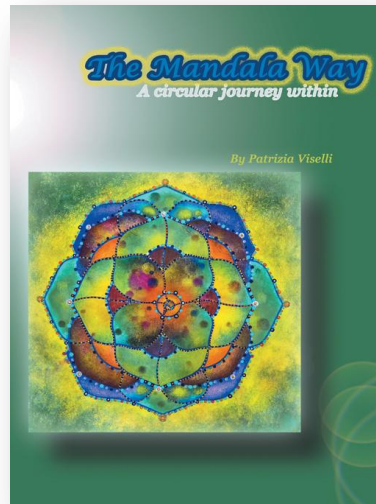


# The Mandala Way: A Circular Journey Within

By Patrizia Viselli



*“Amid this creative and meditative process arose other life changing benefits.”*

Step into your inner world and connect with your essence as you create unique mandalas with different mediums and techniques. Discover how this ancient ritual can heal and transform your life. Find out why this introspective tool is used in a variety of contexts.

*The Mandala Way* contains an illustrated, step-by-step method of making expressive and personalized art works. Suitable for everyone, this art form has excellent educational benefits.

- Learn a visual language
- Develop attention and concentration
- Increase fine motor skills
- Improve intellectual abilities
- Build self-confidence

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## About the Author



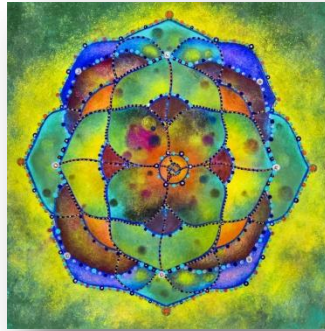
Patrizia Viselli holds a BFA, majoring art education, from Concordia University in Canada. Early on, she realized art making was going to be something she could always rely upon. The artist believes that seeking comfort in painting and drawing as well as releasing complex emotions is liberating. Acrylic painting and colored pencils are her preferred mediums. Achieving depth, transparency, and luminosity, throughout multiple thin layers of color is her main concern. Working with color in this manner has led her to recognize that such art concepts have become symbols of truth on her path to enlightenment. *The Mandala Way* reflects the artist's ten year journey of mandala making and teaching. Her aim is to show individuals how to arrive at that special place within while using art as their vehicle. Her book is constructed with the student in mind, for it is written in a step-by-step method. It includes a detailed description of supplies, lists educational benefits, and provides teaching tips.

**Artworks:** <https://www.patriziaviselli.ca/>

**Facebook:** <https://www.facebook.com/artistpatriziaviselli>

**Instagram:** <https://www.instagram.com/patrizia.viselli>

## Introduction of Patrizia Viselli



**Patrizia Viselli** holds a BFA, majoring art education, from Concordia University in Canada. In 2002, she embarked on a transformational journey that led to the creation of meaningful and intricate mandalas, some of which are featured in her art making book, [\*The Mandala Way: A Circular Journey Within\*](#).

### **She is currently working on:**

- Paintings and drawings, which depict supernatural themes.
- A monthly art blog in conjunction with short video/stories.
- Her second book, which gathers images and words inspired by personal experiences.
- Fine art apparel created in collaboration with her mother and sister.

### **Visit her online:**

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